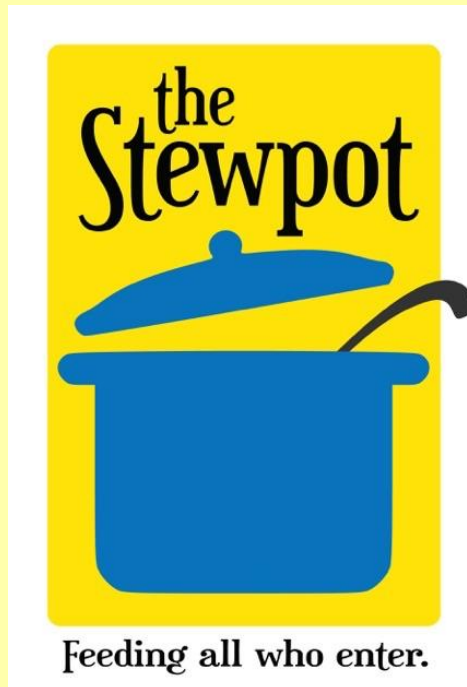


From: **Little Rock Stewpot** chfrith@mac.com
Subject: Little Rock Stewpot December 2017 Newsletter
Date: November 2, 2017 at 4:02 PM
To: chfrith@sbcglobal.net



Stewpot Newsletter December, 2017





From the Stewpot Board

Stewpot Officers - 2017

Chairperson - Charlie Frith
Vice Chairperson - Mary Jane Cheatham
Secretary - Ellen Russell
Treasurer - Roberta Saxon

Stewpot Committees - 2017

Volunteer Chairperson - Jan Van Ness
Special Events - Kay Shurgar
Manager - Nancy Rorex
Day Manager - Ed Brown
Communications - Charlie Frith

Stewpot Encourages Volunteers to Have Their Church Conduct an Undie Sunday

The Stewpot Clothes Closet is in **DIRE** need of men's and women's underwear. Charlie Frith, Chairman of the Stewpot Board

Phil, Chairman of the Stewpot Board recently sent an email to all Stewpot volunteers to encourage their churches to hold an Undie Sunday to help collect underwear for the Stewpot. So far, Westover Hills Presbyterian Church held one on Sunday, October 29th and the Clinton Presidential Team also collected underwear for the Clothes Closet.

Please encourage your church **or your team to do the same.**



WESTOVER HILLS
PRESBYTERIAN CHURCH

SPECIAL ANNOUNCEMENT

6400 Richard B. Hardie Drive • Little Rock, AR 72207
501.663.6383 • www.westoverhills.org



Undie Sunday

**The Clothes Closet at Stewpot
is in **DIRE** need of underwear
for both men and women.**

**What is especially needed is
men's sizes small thru large
and women's sizes 5,6 7, 9, 10,
11 and 12**

**Westover Hills will have an
Undie Sunday on Sunday,
October 29, 2017. Everyone is
encouraged to bring one
package of men's and one
package of women's
underwear.**

Thanks very much!

**Charlie Frith
Chairman of the Stewpot Board**





Westover Hills Presbyterian Church Collection





Clinton Library Team - "Drop Your Drawers"

Pictured left to right: Georgie Bowsher, Martha Ginny Pace, Jinkie Redden, Helen Pate. Not in picture: Cindy Reyes

Hunger Alliance Breakfast





Charlie Frith, Stewpot Board Chairman, and Herb Rule, Board Member, recently attended a breakfast sponsored by the Arkansas Hunger Alliance. After a delicious breakfast catered by Trio's Restaurant, a number of individuals were recognized for their activities in the Arkansas Hunger Alliance.

Stewpot Christmas Bags



Every year sometime in December, the Stewpot picks a

day to give all Stewpot patrons a Christmas bag. The Christmas bags contain different things each year, but some of the things given out in the past include socks, gloves, a hat, ponchos, hand warmers, blankets, food items, candy canes, etc. Stewpot already has a team researching what to give this year. Stewpot tries to hold the cost to \$10.00 per bag.

Would you like to help furnish one or more bags? If so, please make a check payable to Stewpot and send it the address listed below. Make sure to put Stewpot Christmas in the Memo section.

*The Stewpot-Little Rock
c/o First Presbyterian Church
800 Scott Street
Little Rock, AR 72201*

Milk for Stewpot

For many years, the Stewpot served milk to Stewpot patrons. A few years ago, milk became so expensive that Stewpot stopped serving it. Ed Stanfield, a member of the 1st Wednesday Team from Westover Hills Presbyterian Church, offered to bring 3 gallons of milk each month for the 1st Wednesday Team. This meant that the Stewpot patrons received milk on the 1st Wednesday of

each month. Ed is retiring after his 1st week in November. In response to the loss of milk for the 1st Wednesdays, the Presbyterian Women of Westover Hills, offered to buy three gallons of milk each month for the year 2018. Thank you! Thank you!



Clothes Closet

*"I needed clothes and
you clothed me."*

Matthew 25:38

Update from the Clothes Closet

The Clothes Closet has really been bustling lately. We have seen an increase in the number of folks in need, especially the ladies. We are so very fortunate to have several GREAT volunteers that come in on rotating Thursdays to help us distribute the items. In response to Charlie's letter regarding our need for underwear, several churches and the Clinton Library have held or are going to hold "Undies Sundays", and they have really come through for us. It has been terrific!!!! Thanks to one and all!

Stewpot Holidays

New Year's Day

New Year's Day

Martin Luther King Day

Good Friday

Memorial Day

Independence Day (4th of July)

Labor Day

Thanksgiving

Friday after Thanksgiving

Christmas Eve

Christmas Day

**Does Your Team need Additional
Workers?**



If you are a Captain of a Stewpot Team and need additional workers for your team (either temporary or

permanent), please contact Jan Van Ness (by telephone 680-3739 or email jvanness8@gmail.com).

Stewpot Video

To See a short video about the Stewpot,
click on the photo below.



Little Rock Stewpot

Make a Donation to Stewpot




Your donations to The Stewpot have helped us feed the hungry for the past

40 years. Thanks to your support, we are able to supplement our allocations from Potluck, Rice Depot and other food banks with needed milk, canned and fresh food

Please send your donations to The Stewpot - Little Rock, 800 Scott Street, Little Rock, AR 72201.

Check out our New Website
<http://stewpot-littlerock.org>

[Home](#) [Contact Us](#) [Volunteer](#) [Donations](#) [Newsletter](#) [News & Events](#)



Feeding all who enter.

The Little Rock Stewpot is a simple group with a simple mission - "Feed whoever comes through the door. No questions asked."

Every weekday, volunteers at **The Stewpot** in Little Rock, Arkansas feed the hungry. Typically 150 people eat lunch every day — old, young, men, women, children, homeless, working or unemployed — but all are grateful for a hot meal. The food is very simple and somewhere there is always enough.

Address

The Little Rock Stewpot
c/o First Presbyterian Church
802 Scott Street
Little Rock, AR 72201
(501) 372-1804

Board of Directors

Chairman - Charlie Fide
Vice Chair - Mary Jane Orentlicher
Secretary - Ellen Russell
Treasurer - Roberta Swann

Committee Chairs

Volunteer Chair - Jan Van Ness
Special Events - Kay Shugart
Manager - Nancy Rorex
Daily Manager - Bill Brown
Communications - Charlie Fide

The Stewpot

The Stewpot Motto: "Feeding all who enter".

The Stewpot has been located on the second floor of the First Presbyterian Church in Little Rock since 1972. Stewpot served the first meal to 16 people at a cost of \$ 99 per meal. In 2017, it served over 45,000 meals at a cost of \$3.75 per meal. There is one full-time and one part-time paid employee (Jill A. Gohrig) and 150 volunteers a month from many churches throughout the city providing this service.

The Stewpot's primary missions

The primary mission is to feed the hungry. "Feed whoever walks through our doors". The Stewpot is open from 12:00 to 1:00 p.m. Monday through Friday of each week providing a hot meal to the homeless, jobless, elderly, physically or mentally disabled and displaced families in the Greater Little Rock area. The Little Rock Stewpot has served over 1.5 million meals in the last 43 years.

Secondary Mission

The secondary mission is to help clothe the needy. The purpose of the [Clothes Closet](#) is to distribute clothing and hygiene products to folks in need. The Clothes Closet is open every Thursday from 12:00 to 1:00 p.m., and is staffed mostly by volunteers. Carl, a member of the Church at Rock Creek, is a long-serving volunteer. Barbara came on board about five years ago and is involved in assisting the women who come to Stewpot. Carl and Barbara sort through all of the items that are donated to the Clothes Closet. They are assisted by several volunteers who help distribute the clothing and hygiene products on Thursdays.

Third Mission

A third mission is to offer free medical services to the sick. The Baptist Health Community Clinic is held weekly at the Stewpot. Nurses Rachel White and Serley Thengstertin, and Community Health Associate, Letitia Bailey, come to the Stewpot each Friday from 12:00 pm - 1:00 pm. Dr. Blake Schies, volunteer physician, along with two volunteer pharmacists, John Ritley and Scott Pace offer free medical care and [prescription medications](#) on the third Thursday of each month. **Free.**




Stewpot Routine

Each day at Stewpot is covered by a team of workers. Teams typically work a specific day of the month, i.e., 1st, 2d, 3rd or 4th Monday of each month, 1st, 2d, 3rd or 4th Tuesday of each month, etc. Each team consists of a Captain or sometimes Co-captains and a team of 6-11 members. The captains are responsible for cooking the meal and typically prepare a similar meal for their day of the month. The team members perform various jobs, i.e., serve the food, serve seconds, prepare and serve desserts and help clean up. Seconds consist of a different type of food, oftentimes food left over from the day before and is usually served from a separate station in the main dining room.

Breadies are picked up daily from the Community Bakery in downtown Little Rock by a team member. These breadies are usually from the day before and are provided at no cost to the Stewpot.

To see a short video about the Little Rock Stewpot, click on [stewpot video](#) below:

[Stewpot Video](#)



Stewpot, First Presbyterian Church, 800 Scott Street, Little Rock, AR 72201

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